



*Feeling overwhelmed with exams??*



Come to the  
**RELAXATION WORKSHOP**  
and unwind from the stress of finals!

WHEN: **DECEMBER 20<sup>TH</sup>**

TIME: **12 NOON TO 1PM**

WHERE: **ROOM 101,  
BLUMENTHAL HALL**

*Let yourself escape to a calming journey  
of rest & tranquility...*

